

# **Extended Morning FAQ**

(9:00 AM - 12:30 PM)

# What are the characteristics of an Extended Morning student?

- A student who is able to remain in a group setting without parental assistance for an extended period of time.
- An independent child who is able to eat in a group setting, seated at a table.
- An inquisitive learner who finds joy in building, investigating, creating, and engaging in sensory activities.

#### Will my child nap in the Extended Morning class?

There is a not a rest time in the Extended Morning schedule.

# Will my child be with the same classmates all day?

Children enrolled in an Extended Morning class are in a self-contained class with the same group of students and teachers throughout the day. Children in the Extended Morning class are in attendance from 9:00 AM until 12:30 PM.

### What should my child wear to class?

Children should wear comfortable play clothes that allow for independence when using the restroom and gross motor activities. Closed-toed shoes are highly recommended; tennis shoes are the safest choice for the engaging in a range of activities.

# Will I send a lunch and a snack with my child?

Children should bring an 8-12 ounce **reusable thermos/bottle of clear, unflavored water** to class each day, clearly labeled with the child's first and last name. Water bottles should be child size and easily accessible for the child to open independently.

Lunch will be provided <u>by each child's parent/guardian</u> for those children participating in the Extended Morning classes. **All lunches must be <u>free of peanuts and tree nuts.</u>** 

# **Sample Extended Morning Schedule**

9:00	Greet Children, Exploration and Free Play
9:30 – 10:15	Circle Time Lesson and Visit FWMSH Museum Exhibit (as applicable to topic)
10:15 – 11:05	Discovery Centers, Art Projects, and Exploration
11:05 – 11:20	Live Animal Science Talk OR Continue Discovery Centers, Art Projects, Exploration & Outside Play
11:20 – 11:30	Restroom, Handwashing & Clean Up
11:30 – 12:00	Lunch
12:00 – 12:30	Extension Activity

\*The classroom schedule and activities will vary based on the developmental stage of each age group (ages 3-6), children's interests, the unit of study, and the progression of the school year.